



Grade III & IV Acne Treatment With Microdermabrasion

Duration: 50-75 minutes

Products

Clarifying Wash

Mattifying Toner

GA7™ or GA 14™

Microdermabrasion machine or Rénuï Exfoliating Scrub

Clarifying Cream

Algae Masque

HyDro Moisturizer

Sunscreen SPF 30

1. Cleanse the skin with Clarifying Wash and rinse.
2. Prepare the skin with Mattifying Toner with a cotton pad and allow the skin to dry. Some patients may experience a sting/tingling sensation; Ask them on the comfort scale from 1 to 10 how they feel.
3. Take one (1) GA7 or GA 14 pad and apply it with medium pressure to the area. Allow it to penetrate for 2 – 3 minutes, then neutralize with temperate water or a wet towel.
4. Dry the skin well prior to microdermabrasion. When dry, use the microdermabrasion machine to thoroughly remove dead skin cells without compromising the integrity of the skin.
5. If no microdermabrasion machine is present, apply Rénuï Exfoliating Scrub gently in circular motion for 2-3 minutes. Rinse thoroughly.
6. If the skin is too congested and raw DO NOT use scrub. Instead, cleanse the skin with Clarifying Wash and rinse.
7. Apply Mattifying Toner with a cotton pad and allow the skin to dry.
8. Extract impacted pores with a comedone extractor or your fingertips wrapped in gauze or gloves.
9. Cleanse the skin with Clarifying Wash and rinse.
10. Apply Mattifying Toner with a cotton pad and allow the skin to dry.
11. Apply a layer of Clarifying Cream prior to the masque. This will assist in killing the p. acne bacteria.
12. Apply and even layer of the Algae Masque over the Clarifying cream. Leave it on for 5 - 15 minutes, depending on skin sensitivity and then remove with a moistened cotton pad or warm towel.
13. Apply Mattifying Toner with a cotton pad and allow the skin to dry.
14. Apply Hydro Moisturizer to calm, hydrate and protect the skin.
15. Apply Sunscreen Moisturizer SPF 30+ for UVA and UVB protection.