



Anti-Aging Hand Treatment

Duration: 30-45 minutes

Products

Mandelic Acid Wash

Refining Toner

GA 27™, GA 37™, MA32

Rénui Exfoliating Scrub

Revitalize

Sunscreen Moisturizer SPF 30+

1. Cleanse the skin with Mandelic Acid Wash and rinse.
2. Prepare the skin with Refining Toner with a cotton pad and allow the skin to dry. Some patients may experience a sting/tingling sensation; Ask them on the comfort scale from 1 to 10 how they feel.
3. Take one (1) of the GA or MA pads and apply it with medium pressure to the area. Allow it to penetrate for 3-5 minutes, then neutralize with temperate water or a wet towel. Some patients may experience a sting/tingling sensation; Ask them on the comfort scale from 1 to 10 how they feel.
4. If no microdermabrasion machine is present, apply Rénui Exfoliating Scrub gently in circular motion for 3-4 minutes. Rinse thoroughly.
5. Apply Refining Toner with a cotton pad and allow the skin to dry.
6. Apply Revitalize and wrap the arm with plastic wrap for 10 – 20 minutes. DO NOT apply Revitalize in between the fingers as it can sting and peel.
7. If present, use Warming Sleeves over the plastic wrap to maximize the treatment.
8. Massage what remains of Revitalize into the skin.
9. Apply Sunscreen Moisturizer SPF 30+ for UVA and UVB protection.