



# Professional Treatment Protocols





## Lélexo LeXo Peel Treatment Protocol

The LeXo Peel treatment is appropriate for all skin types and skin tones. This treatment will help with conditions like acne, hyperpigmentation, fine lines, wrinkles and skin texture.

### Products:

LeXo Peel

Green Tea Wash

Mandelic Acid 4% Toner

(Additional) Provitalize III

1. Cleanse the skin with Green Tea Cleanser and rinse.
2. Prepare the skin with Mandelic Acid 4% Toner on a cotton pad and allow the skin to dry. Some patients may experience a sting/tingling sensation; Ask them on the comfort scale from 1 to 10 how they feel.
3. Shake the LeXo Peel bottle prior to use. Apply LeXo Peel Bottle I solution in a medical grade abrasive gauze. 3X3 is the best size for LeXo Peels.
4. Apply the solution and work the layer around the area. Apply 1 to 4 layers of every bottle as needed, allowing 60 seconds to 2 minutes in between each layer.
5. A fan may be needed to maintain the patient cool and should be allowed to hold it for their comfort. Use the comfort scale to measure their sting and comfort level.
6. Once the skin begins to “frost”, that signals the end of the treatment. NOTE: Not everyone will frost therefore the maximum number of layers per bottle should be 4 layers each.
7. (Additional) – Apply two layers of Provitalize III to accelerate cellular proliferation.

See the face application diagram on how to properly apply the LeXo Peel.





## Lélexo Signature Facial

**Duration:** 60 minutes

### Products

Green Tea Cleanser

Mandelic Acid 4% Toner

Rénui Exfoliating Scrub

Mattifying Toner

Peptide Factor 20

A-Stem Factor

Prolite Serum

C&E Factor

Algae Masque

Bonjour Eye Cream

Léqua Moisturizer

Sunscreen Moisturizer SPF 30+

1. Cleanse the skin with Green Tea Cleanser and rinse.
2. Prepare the skin with Mandelic Acid 4% Toner with a cotton pad and allow the skin to dry. Some patients may experience a sting/tingling sensation; Ask them on the comfort scale from 1 to 10 how they feel.
3. Apply a small amount of Rénuï Exfoliating Scrub to wet fingertips and massage in circular motion. Remove Rénuï Exfoliating Scrub using a moistened cotton pad.
4. Extractions can be performed at this time.
5. Apply Mattifying Toner with a cotton pad and allow the skin to dry.
6. Apply Peptide Factor 20 to the area. This serum helps reduce redness and generate new collagen, hyaluronic acid and elastin.
7. Apply A-Stem Factor over the area to help combat the visible signs of aging. For lightening, use Prolite Serum to improve skin tone uniformity. Allow the serums to dry.
8. Apply C&E Factor over the area prior to the Algae Masque.
9. Apply an even layer of the Algae Masque. Leave it on for 15 minutes and then remove with a moistened cotton pad or warm towel.
10. Apply Mattifying Toner with a cotton pad and allow the skin to dry.
11. Using your ring finger, apply Bonjour Eye Cream around the eye area. This cream stimulates collagen and elastin production, reduce fine lines, dark circles and puffiness.
12. Apply LéQua Moisturizer to calm, hydrate and protect the skin.
13. Apply Sunscreen Moisturizer SPF 30+ for UVA and UVB protection.



## Rosacea Treatment

**Duration:** 25-30 minutes

### Products

Green Tea Wash  
Mattifying Toner  
Papaya Enzyme Powder  
Algae Masque  
Peptide Factor 20™  
C&E Factor  
HyDro Moisturizer  
Sunscreen SPF 30+

1. Cleanse the skin with Green Tea Cleanser and rinse.
2. Prepare the skin with Mattifying Toner with a cotton pad and allow the skin to dry. Some patients may experience a sting/tingling sensation; Ask them on the comfort scale from 1 to 10 how they feel.
3. Mix half a scoop of Papaya Enzyme Powder with equal part of Hydro Moisturizer. Apply the mixture with a fan brush and steam for 5 – 10 minutes, depending on skin sensitivity. Remove the mixture with moistened cotton pad or warm towels.
4. Apply Mattifying Toner with a cotton pad and allow the skin to dry.
5. Apply Peptide Factor 20 to the area. This serum helps reduce redness and generate new collagen, hyaluronic acid and elastin.
6. Apply C&E Factor over the area prior to the Algae Masque.
7. Apply and even layer of the Algae Masque. Leave it on for 5 - 15 minutes, depending on skin sensitivity and then remove with a moistened cotton pad or warm towel.
8. Apply Mattifying Toner with a cotton pad and allow the skin to dry.
9. Using your ring finger, apply Bonjour Eye Cream around the eye area. This cream stimulates collagen and elastin production, reduce fine lines, dark circles and puffiness.
10. Apply Hydro Moisturizer to calm, hydrate and protect the skin.
11. Apply Sunscreen Moisturizer SPF 30+ for UVA and UVB protection.



## Grade I & II Acne Treatment With Microdermabrasion

**Duration:** 50-75 minutes

### Products

Clarifying Granule Wash  
Clarifying Wash  
Mattifying Toner  
GA7™ or GA 14™  
Microdermabrasion machine or Rénuï Exfoliating Scrub  
Clarifying Cream  
Algae Masque  
HyDro Moisturizer  
Sunscreen Moisturizer SPF 30+

1. Cleanse the skin with Clarifying Granule Wash and rinse.
2. Prepare the skin with Mattifying Toner with a cotton pad and allow the skin to dry. Some patients may experience a sting/tingling sensation; Ask them on the comfort scale from 1 to 10 how they feel.
3. Take one (1) GA7 or GA 14 pad and apply it with medium pressure to the area. Allow it to penetrate for 2 – 3 minutes, then neutralize with temperate water or a wet towel.
4. Dry the skin well prior to microdermabrasion. When dry, use the microdermabrasion machine to thoroughly remove dead skin cells.
5. If no microdermabrasion machine is present, apply Rénuï Exfoliating Scrub in circular motion for 2-3 minutes. Rinse thoroughly.
6. Apply Mattifying Toner with a cotton pad and allow the skin to dry.
7. Extract impacted pores with a comedone extractor or your fingertips wrapped in gauze or gloves.
8. Cleanse the skin with Clarifying Wash and rinse.
9. Apply a layer of Clarifying Cream prior to the masque. This will assist in killing the P. acne bacteria.
10. Apply an even layer of the Algae Masque. Leave it on for 5 - 15 minutes, depending on skin sensitivity and then remove with a moistened cotton pad or warm towel.
11. Apply Mattifying Toner with a cotton pad and allow the skin to dry.
12. Apply Hydro Moisturizer to calm, hydrate and protect the skin.
13. Apply Sunscreen Moisturizer SPF 30+ for UVA and UVB protection.



## Grade I & II Acne Treatment With Hyperpigmentation

**Duration:** 50-75 minutes

### Products

Clarifying Granule Wash

Mandelic Acid Wash

Mandelic Acid 10% Toner

MA32

Mandelic Acid Scrub

Clarifying Cream

Algae Masque

HyDro Moisturizer

Sunscreen Moisturizer SPF 30+

1. Cleanse the skin with Clarifying Granule Wash and rinse.
2. Prepare the skin with Mandelic Acid 10% Toner with a cotton pad and allow the skin to dry. Some patients may experience a sting/tingling sensation; Ask them on the comfort scale from 1 to 10 how they feel.
3. Take one (1) MA32 pad and apply it with medium pressure to the area. Allow it to penetrate for 3-4 minutes, then neutralize with temperate water or a wet towel.
4. Apply Mandelic Acid Scrub in circular motion for 2-3 minutes. Rinse thoroughly.
5. Apply Mandelic Acid 10% Toner with a cotton pad and allow the skin to dry.
6. Extract impacted pores with a comedone extractor or your fingertips wrapped in gauze or gloves.
7. Cleanse the skin with Mandelic Acid Wash and rinse.
8. Apply a layer of Clarifying Cream prior to the masque. This will assist in killing the P. acne bacteria.
9. Apply an even layer of the Algae Masque. Leave it on for 5 - 15 minutes, depending on skin sensitivity and then remove with a moistened cotton pad or warm towel.
10. Apply Mandelic Acid 10% Toner with a cotton pad and allow the skin to dry.
11. Apply Hydro Moisturizer to calm, hydrate and protect the skin.
12. Apply Sunscreen Moisturizer SPF 30+ for UVA and UVB protection.



## Grade III & IV Acne Treatment With Microdermabrasion

**Duration:** 50-75 minutes

### Products

Clarifying Wash

Mattifying Toner

GA7™ or GA 14™

Microdermabrasion machine or Rénuï Exfoliating Scrub

Clarifying Cream

Algae Masque

HyDro Moisturizer

Sunscreen SPF 30

1. Cleanse the skin with Clarifying Wash and rinse.
2. Prepare the skin with Mattifying Toner with a cotton pad and allow the skin to dry. Some patients may experience a sting/tingling sensation; Ask them on the comfort scale from 1 to 10 how they feel.
3. Take one (1) GA7 or GA 14 pad and apply it with medium pressure to the area. Allow it to penetrate for 2 – 3 minutes, then neutralize with temperate water or a wet towel.
4. Dry the skin well prior to microdermabrasion. When dry, use the microdermabrasion machine to thoroughly remove dead skin cells without compromising the integrity of the skin.
5. If no microdermabrasion machine is present, apply Rénuï Exfoliating Scrub gently in circular motion for 2-3 minutes. Rinse thoroughly.
6. If the skin is too congested and raw DO NOT use scrub. Instead, cleanse the skin with Clarifying Wash and rinse.
7. Apply Mattifying Toner with a cotton pad and allow the skin to dry.
8. Extract impacted pores with a comedone extractor or your fingertips wrapped in gauze or gloves.
9. Cleanse the skin with Clarifying Wash and rinse.
10. Apply Mattifying Toner with a cotton pad and allow the skin to dry.
11. Apply a layer of Clarifying Cream prior to the masque. This will assist in killing the p. acne bacteria.
12. Apply and even layer of the Algae Masque over the Clarifying cream. Leave it on for 5 - 15 minutes, depending on skin sensitivity and then remove with a moistened cotton pad or warm towel.
13. Apply Mattifying Toner with a cotton pad and allow the skin to dry.
14. Apply Hydro Moisturizer to calm, hydrate and protect the skin.
15. Apply Sunscreen Moisturizer SPF 30+ for UVA and UVB protection.



## Grade III & IV Acne Treatment With Hyperpigmentation

**Duration:** 50-75 minutes

### Products

Clarifying Wash  
Mandelic Acid 10% Toner  
MA32  
Mandelic Acid Scrub  
Clarifying Cream  
Algae Masque  
HyDro Moisturizer  
Sunscreen SPF 30

1. Cleanse the skin with Clarifying Wash and rinse.
2. Prepare the skin with Mandelic Acid 10% Toner with a cotton pad and allow the skin to dry. Some patients may experience a sting/tingling sensation; Ask them on the comfort scale from 1 to 10 how they feel.
3. Take one (1) MA32 pad and apply it with medium pressure to the area. Allow it to penetrate for 3-4 minutes, then neutralize with temperate water or a wet towel.
4. Apply Mandelic Acid Scrub in circular motion for 2-3 minutes. Rinse thoroughly.
5. Apply Mandelic Acid 10% Toner with a cotton pad and allow the skin to dry.
6. Extract impacted pores with a comedone extractor or your fingertips wrapped in gauze or gloves.
7. Cleanse the skin with Clarifying Wash and rinse.
8. Apply a layer of Clarifying Cream prior to the masque. This will assist in killing the P. acne bacteria.
9. Apply an even layer of the Algae Masque. Leave it on for 5 - 15 minutes, depending on skin sensitivity and then remove with a moistened cotton pad or warm towel.
10. Apply Mandelic Acid 10% Toner with a cotton pad and allow the skin to dry.
11. Apply Hydro Moisturizer to calm, hydrate and protect the skin.
12. Apply Sunscreen Moisturizer SPF 30+ for UVA and UVB protection.





## Rejuvenation Treatment

**Duration:** 45-75 minutes

### Products

Green Tea Wash

Refining Toner

GA 7™, GA 14™, GA 27™, GA 37™

Rénui Exfoliating Scrub

Microdermabrasion machine

Peptide Factor 20

A-Stem Factor

Prolite Serum

Algae Masque

HyDro Moisturizer

Bonjour Eye Cream

Sunscreen SPF 30+

1. Cleanse the skin with Green Tea Wash and rinse.
2. Prepare the skin with Refining Toner with a cotton pad and allow the skin to dry. Some patients may experience a sting/tingling sensation; Ask them on the comfort scale from 1 to 10 how they feel.
3. Take one (1) of the GA pads and apply it with medium pressure to the area. Allow it to penetrate for 3-4 minutes, then neutralize with temperate water or a wet towel.
4. Dry the skin well prior to microdermabrasion. When dry, use the microdermabrasion machine to thoroughly remove dead skin cells without compromising the integrity of the skin.
5. If no microdermabrasion machine is present, apply Rénuï Exfoliating Scrub gently in circular motion for 2-3 minutes. Rinse thoroughly.
6. Apply Refining Toner with a cotton pad and allow the skin to dry.
7. Apply Peptide Factor 20 to the area. This serum helps reduce redness and generate new collagen, hyaluronic acid and elastin.
8. Apply A-Stem Factor over the area to help combat the visible signs of aging. For lightening, use Prolite Serum to improve skin tone uniformity. Allow the serums to dry.
9. Apply C&E Factor over the area prior to the Algae Masque.
10. Apply and even layer of the Algae Masque. Leave it on for 15 minutes and then remove with a moistened cotton pad or warm towel.
11. Apply Refining Toner with a cotton pad and allow the skin to dry.
12. Apply Hydro Moisturizer to calm, hydrate and protect the skin.
13. Apply Sunscreen Moisturizer SPF 30+ for UVA and UVB protection.



## Dry Or Calluse Foot Treatment

**Duration:** 30-45 minutes

### Products

Mandelic Acid Wash

Refining Toner

GA 27™, GA 37™, MA32

Rénui Exfoliating Scrub

Revitalize

1. Cleanse the skin with Mandelic Acid Wash and rinse.
2. Prepare the skin with Refining Toner with a cotton pad and allow the skin to dry. Some patients may experience a sting/tingling sensation; Ask them on the comfort scale from 1 to 10 how they feel.
3. Take one (1) of the GA or MA pads and apply it with medium pressure to the area. Allow it to penetrate for 3-5 minutes, then neutralize with temperate water or a wet towel. Some patients may experience a sting/tingling sensation; Ask them on the comfort scale from 1 to 10 how they feel.
4. If no microdermabrasion machine is present, apply Rénuï Exfoliating Scrub gently in circular motion for 3-4 minutes. Rinse thoroughly.
5. Apply Refining Toner with a cotton pad and allow the skin to dry.
6. Apply Revitalize and wrap the foot with plastic wrap for 10 – 30 minutes. DO NOT apply Revitalize in between the toes as it can sting and peel.
7. If present, use Warming Boots over the plastic wrap to maximize the treatment.
8. Massage what remains of Revitalize into the skin.



## Anti-Aging Hand Treatment

**Duration:** 30-45 minutes

### Products

Mandelic Acid Wash

Refining Toner

GA 27™, GA 37™, MA32

Rénui Exfoliating Scrub

Revitalize

Sunscreen Moisturizer SPF 30+

1. Cleanse the skin with Mandelic Acid Wash and rinse.
2. Prepare the skin with Refining Toner with a cotton pad and allow the skin to dry. Some patients may experience a sting/tingling sensation; Ask them on the comfort scale from 1 to 10 how they feel.
3. Take one (1) of the GA or MA pads and apply it with medium pressure to the area. Allow it to penetrate for 3-5 minutes, then neutralize with temperate water or a wet towel. Some patients may experience a sting/tingling sensation; Ask them on the comfort scale from 1 to 10 how they feel.
4. If no microdermabrasion machine is present, apply Rénuï Exfoliating Scrub gently in circular motion for 3-4 minutes. Rinse thoroughly.
5. Apply Refining Toner with a cotton pad and allow the skin to dry.
6. Apply Revitalize and wrap the arm with plastic wrap for 10 – 20 minutes. DO NOT apply Revitalize in between the fingers as it can sting and peel.
7. If present, use Warming Sleeves over the plastic wrap to maximize the treatment.
8. Massage what remains of Revitalize into the skin.
9. Apply Sunscreen Moisturizer SPF 30+ for UVA and UVB protection.



## Grade I & II Acne Treatment For The Body

**Duration:** 50-75 minutes

### Products

Clarifying Granule Wash

Mandelic Acid Wash

Mandelic Acid 10% Toner

MA32

Mandelic Acid Scrub

Clarifying Cream

Algae Masque

C&E Factor

HyDro Moisturizer

Revitalize

Sunscreen Moisturizer SPF 30+

1. Cleanse the skin with Clarifying Granule Wash and rinse.
2. Prepare the skin with Mandelic Acid 10% Toner with a cotton pad and allow the skin to dry. Some patients may experience a sting/tingling sensation; Ask them on the comfort scale from 1 to 10 how they feel.
3. Take one (1) MA32 pad and apply it with medium pressure to the area. Allow it to penetrate for 3-7 minutes, then neutralize with temperate water or a wet towel.
4. Apply Mandelic Acid Scrub in circular motion for 2-3 minutes. Rinse thoroughly.
5. Apply Mandelic Acid 10% Toner with a cotton pad and allow the skin to dry.
6. Extract impacted pores with a comedone extractor or your fingertips wrapped in gauze or gloves.
7. Cleanse the skin with Mandelic Acid Wash and rinse.
8. Apply a layer of Clarifying Cream prior to the masque. This will assist in killing the P. acne bacteria.
9. Apply and even layer of the Algae Masque. Leave it on for 5 - 15 minutes, depending on skin sensitivity and then remove with a moistened cotton pad or warm towel.
10. Apply Mandelic Acid 10% Toner with a cotton pad and allow the skin to dry.
11. Apply C&E Factor on the area and allow to dry.
12. Apply Hydro Moisturizer to calm, hydrate and protect the skin.
13. Apply Sunscreen Moisturizer SPF 30+ for UVA and UVB protection.