



Grade I & II Acne Treatment With Microdermabrasion

Duration: 50-75 minutes

Products

Clarifying Granule Wash
Clarifying Wash
Mattifying Toner
GA7™ or GA 14™
Microdermabrasion machine or Rénuï Exfoliating Scrub
Clarifying Cream
Algae Masque
HyDro Moisturizer
Sunscreen Moisturizer SPF 30+

1. Cleanse the skin with Clarifying Granule Wash and rinse.
2. Prepare the skin with Mattifying Toner with a cotton pad and allow the skin to dry. Some patients may experience a sting/tingling sensation; Ask them on the comfort scale from 1 to 10 how they feel.
3. Take one (1) GA7 or GA 14 pad and apply it with medium pressure to the area. Allow it to penetrate for 2 – 3 minutes, then neutralize with temperate water or a wet towel.
4. Dry the skin well prior to microdermabrasion. When dry, use the microdermabrasion machine to thoroughly remove dead skin cells.
5. If no microdermabrasion machine is present, apply Rénuï Exfoliating Scrub in circular motion for 2-3 minutes. Rinse thoroughly.
6. Apply Mattifying Toner with a cotton pad and allow the skin to dry.
7. Extract impacted pores with a comedone extractor or your fingertips wrapped in gauze or gloves.
8. Cleanse the skin with Clarifying Wash and rinse.
9. Apply a layer of Clarifying Cream prior to the masque. This will assist in killing the P. acne bacteria.
10. Apply an even layer of the Algae Masque. Leave it on for 5 - 15 minutes, depending on skin sensitivity and then remove with a moistened cotton pad or warm towel.
11. Apply Mattifying Toner with a cotton pad and allow the skin to dry.
12. Apply Hydro Moisturizer to calm, hydrate and protect the skin.
13. Apply Sunscreen Moisturizer SPF 30+ for UVA and UVB protection.